



3RD OCEANIA VETERANS GAMES

Apia, Western Samoa

5 - 9 September 1986



15K ROAD WALK

40-44		
1. Peter McWilliams	1:35:38	AUS
2. Joe Annandale	1:35:40	SAM
55-59		
1. Colin Hainsworth	1:20:02	AUS
2. Ron Whitham	1:25:12	AUS
60-64		
1. Peter Tearle	1:27:54	NZ
2. S. Luamanuvae	2:11:50	SAM
2. Fesua'a Fesua	2:11:50	SAM
2. Sililoto Key	2:11:50	SAM

8K ROAD WALK

45-49		
1. Penny Hall	44:48	AUS
2. Sue Dumble	54:47	NZ
50-54		
1. Mary Tanielu	1:16:45	SAM
2. Palagi Faasau	1:17:16	SAM
60-64		
1. Marjorie Colthup	50:45	AUS
65+		
1. Stella Mumame	51:55	AUS

3000 METRES (Men)

35-39		
1. Denis French	9:48	FU
2. Malo Mlaita	10:21	SAM
3. Iese Tia	11:02	SAM
4. Yoichi Kawasaki	11:30	SAM
40-44		
1. J. Lloyd	10:31	AUS
2. Alan Minson	10:35	SAM
3. John Finlay	10:59	KIR
4. P.A. Woodham	11:20	NZ
45-49		
1. P. Watts	10:19	NZ
2. A. Compain	11:09	FU
3. J. Halley	13:09	SAM
50-54		
1. C.F. Reece	10:39	NZ
2. C. Silcock	11:32	AUS
55-59		
1. Ben Morrey	11:05:02	AUS
2. Mel Taylor	13:33:50	SAM
3. Lole Vitale	16:59:22	SAM
60-64		
1. Gordon McKeown	10:25:50	AUS
2. S.G. Opie	10:26:48	NZ
65+		
1. Clem Green (65)	13:32:97	NZ
2. John Brown (75)	14:17:42	AUS
3. Stan Nicholl (70)	14:46:21	AUS

3000 METRES (Women)

35-39		
1. Cathie French	13:04	FU
40-44		
1. Theresa Woodham	11:54:54	NZ
2. Dorothy Siepman	12:07:45	AUS
45-49		
1. Jan Morrey	11:50	AUS
2. Jan Chew	12:59	AUS
55-59		
1. Shirley Brasher	12:14	AUS
2. Fay McCracken	12:34	AUS
65+		
1. Arly Nichols (70)	17:59	AUS
2. Sally Dalziel (65)	19:32:39	NZ

DISCUS (Women)

30		
1. Denise Palmer	26:25	AUS
35		
1. Chris Schultz (***)	47:86	AUS
2. Gillian Sailele	20:50	SAM
40		
1. Mary Thomas	28:60	AUS
45		
1. Glen Watts	22:90	NZ
2. Sue Dumble	20:00	NZ
50		
1. Johyce Schmidt	27:65	AUS
2. Maryi Tanielu	16:50	SAM
3. Tina Leb	14:50	AUS
4. M. Reece	13:00	SAM
5. Chris Frylink	13:00	AUS
55		
1. Fay McCracken	20:50	AUS
2. C. Blair	20:00	NZ
65		
1. Sally Dalziel	12:60	NZ
70		
1. Maisie Stevens	10:90	AUS
75		
1. Ruth Frith	18:00	AUS

*** Oceania Australian National

Age Group Record (Pending)

CROSS COUNTRY (Men)

40-44		
1. J. Lloyd	28:14	AUS
2. A. Minson	29:14	W/S
3. P. Woodham	29:55	NZ
4. J. Jones	30:45	NZ
5. J. Findlay	31:31	KIRI
6. J. Wasko	32:07	A/S
45-49		
1. G. Seymon	8:26	AUS
2. G. Watts	7:52	NZ
3. C. Ashkettle	7:00	NZ
4. S. Dumble	6:46	NZ

45-49

1. J. Seymon	26:43	AUS
2. D. Watts	28:10	NZ
3. A. Compain	30:14	FU
4. D. Farnsworth	41:02	AUS
50-54		
1. C. Reece	29:09	NZ
2. C. Silcock	31:02	AUS
3. J. Hines	32:31	NZ
4. M. Hoare	34:49	AUS
5. P. Frylink	39:44	AUS
55-59		
1. D. French	26:38	FU
2. I. Kawasaki	30:16	JAP
3. I. Tia	30:30	W/S
60-64		
1. B. Morrey	33:31	AUS
2. G. White	34:53	NZ
3. M. Taylor	40:09	W/S
65+		
1. S. Opie	30:19	NZ
2. G. McKeown	30:48	AUS

50-54

1. D. French	26:38	FU
2. I. Kawasaki	30:16	JAP
3. I. Tia	30:30	W/S
55-59		
1. B. Morrey	33:31	AUS
2. G. White	34:53	NZ
3. M. Taylor	40:09	W/S
60-64		
1. S. Opie	30:19	NZ
2. G. McKeown	30:48	AUS
65-69		
1. C. Green	38:13	NZ
75+		
1. S. Nicholls	42:45	AUS

CROSS COUNTRY (Women)

35-39		
1. K. French	36:29	FU
40-44		
1. P. Woodham	33:49	NZ
2. D. Siepman	35:09	AUS
3. L. Enari	47:02	W/S
45-49		
1. J. Morrey	32:43	AUS
2. J. Chew	36:04	AUS
3. S. Watts	39:11	NZ
4. C. Ashkettle	43:59	NZ
55-59		
1. S. Brasher	34:08	AUS
2. F. McCracken	47:09	NZ

LONG JUMP (Women)

40-44		
1. A. Ripley	3.95	SAM
45-49		
1. G. Seymon	3.70	AUS
2. S. Dumble	2.58	NZ
55-59		
1. C. Blair	3.37	NZ

HAMMER (Men)

35-39		
1. B. Whitecross	35:20	AUS
2. A. Matio	25:01	SAM
3. J. Ashcraft	22:00	SAM
4. J. Wollerman	21:31	SAM
5. A. Peters	20:04	SAM
40-44		
1. P. McWilliams	20:65	AUS
2. T. Heems	20:15	SAM
3. T. Sailele	16:95	SAM
45-49		
1. L. Waitawa	27:15	FU
2. T. Sigila	22:01	SAM
50-54		
1. P. Chew	19:55	AUS
2. A. Sititi	16:60	SAM
3. C.F. Reece	13:45	NZ
55-59		
1. A. Grayburn	18:10	NZ
65+		
1. Mataafa	16:80	SAM
2. S. Suivai	16:40	SAM

JAVELIN (Women)

30-34		
1. D. Palmer	28:31	AUS
2. D. Ellison	25:37	AUS
35-39		
1. C. Schultz	38:30	AUS
40-44		
1. M. Thomas	38:79	AUS
45-49		
1. G. Seymon	26:58	AUS
2. G. Watts	19:02	NZ
50-54		
1. J. Schmidt	20:27	AUS
2. P. Faasu	15:01	AUS
55-59		
1. C. Blair	21:52	NZ
2. A. Tomane	10:80	SAM
65+		
1. R. Frith	11:81	AUS
2. M. Stevens	7:90	AUS

SHOT PUT (Women)

30-34		
1. D. Palmer	9.65	AUS
2. L. Williams	7.69	SAM
35-39		
1. C. Schultz	14.12	AUS
2. Gilliam Sailele	7.90	SAM
40-44		
1. M. Thomas	11.15	AUS
45-49		
1. G. Seymon	8.26	AUS
2. G. Watts	7.52	NZ
3. C. Ashkettle	7.00	NZ
4. S. Dumble	6.46	NZ

50-54

1. J. Schmidt	9.58	AUS
2. M. Tanielu	7.52	SAM
3. A. Tomane	6.75	SAM
4. C. Frylink	6.56	AUS
5. T. Leb	6.46	AUS
6. P. Faasau	6.38	AUS
55-59		
1. C. Blair	6.57	NZ
65+		
1. R. Frith	6.30	AUS

TRIPLE JUMP (Men)

35-39		
1. S. Kobayashi	10.58	SAM
2. L. Slade	9.45	SAM
40-44		
1. T. Sailele	7.40	SAM
65+		
1. K.V. Hopkins	8.16	AUS

200 METRES (Men)

35-39		
1. E. Nukutalau	24.19	FU
2. F. Saifiti	27.24	SAM
3. B. Whitecross	27.30	AUS
40-44		
1. I. Lewavanua	26.39	FU
2. O. Chan Tong	27.96	SAM
3. E. Tuimalo	29.13	SAM
4. J. Wasko	29.62	SAM
5. Takiapelu	33.20	SAM
45-49		
1. T. Davidson	30.28	SAM
2. O. Memea	30.88	SAM
3. H. Jessep	31.41	SAM
4. J. Ripley	32.00	SAM
5. A. Sititi	32.78	SAM
6. L. Scanlan	34.16	SAM
7. A. Altupe	34.22	SAM
55-59		
1. F. Riceman	27.92	NZ
2. G.F. White	30.94	NZ

40-44

1. T.P. Hishon	27.98	AUS
2. F. Hamlin	33.59	NZ
3. S. Luamanuvae	52.05	SAM
65+		
1. K.V. Hopkins	32.88	AUS

200 METRES (Women)

35-39		
1. E. Benaventi	47.41	SAM
40-44		
1. M. Leung Wai	36.68	SAM
45-49		
1. G. Seymon	31.53	AUS
2. J. Morrey	31.92	AUS
3. G. Watts	32.67	NZ
4. C. Ashkettle	36.68	NZ
50-54		
1. T. Leb	35.08	AUS
2. J. White	51.93	NZ

800 METRES (Women)

40-44		
1. T. Woodham	2:56:43	NZ
45-49		
1. J. Chew	2:53:47	AUS
2. G. Watts	3:13:56	NZ
55-59		
1. S. Brasher	3:04:02	AUS
2. F. McCracken	3:55:10	AUS
65+		
1. A. Nicholls	4:14:76	AUS

800 METRES (Men)

35-39		
1. M. Malaita	2:15:96	SAM
2. I. Tia	2:19:81	SAM
3. J. Ashcraft	2:29:75	SAM
4. A. Su'a	2:41:37	SAM
40-44		
1. J. Jones	2:22:48	NZ
2. P. Woodham	2:39:62	NZ
3. A. Toalepaalii	2:59:57	SAM
4. L. L. I. Ale	4:00:62	SAM
45-49		
1. Peter Watts	2:26:71	NZ
50-54		
1. O. Millridge	2:21:59	AUS
2. G. F. Reece	2:35:21	NZ
3. C. Silcock	3:09:06	AUS
55-59		
1. F. Riceman	2:20:08	NZ
2. G. F. White	2:38:82	NZ
3. L. Vitale	3:56:88	SAM

60-64

1. G. McKeown	2:28:48	AUS
65+		
1. J. Stevens (65)	2:52:18	AUS
2. J. Brown (75)	3:31:69	AUS

3000 METRES TRACK WALK (Men)



FOOTNOTES FROM THE APPLE ISLE

FROM LIZ TOOMEY

Liz Toomey — consistency pays dividends



"The Veteran Athletes" Tasmanian correspondent from Hobart, Liz Toomey, 37, has been a model of consistency during the winter season, earning her numerous category awards in various distance events.

Liz can be justly proud of her major achievements recently, in firstly the TCU Southern Cross Half Marathon, where she was 3rd female overall, and second veteran in 1.34.34, followed by a 4th overall, and once again runner-up in the female veteran division, at the Royal Life Half Marathon in Lauderdale, on 20th July.

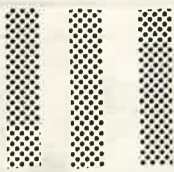
Earlier this year Liz completed a successful track and field season, taking out three gold medals, in the W35, 1500, 5000 and 10000 metres at the State Titles, held at St. Leonards just before Easter.

— by Mike Hall

ARE YOU IN TRAINING?



VII WORLD VETERANS' GAMES
MELBOURNE 1987



1986 Relbia Relay Race

This popular annual event conducted by the Northern Veterans was held on the 10th August.

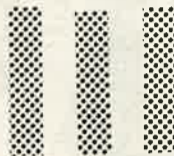
STOP PRESS . . .

The redoubtable Eric Marsh recorded a P.B. of 92.10 in the Gold Coast Half Marathon, while on holidays in Queensland recently.

The relay consists of three separate legs of 6k, 9.8k and 3.8k, with teams of three from the South, North and North West Veteran clubs.

Veteran clubs nominating their individual times.

The race, as is usual, was very keenly contested by all teams with the Southern Veterans finally victorious.



The 6th Great Relay Race

DOMAIN ATHLETIC CENTRE, SUNDAY, 5TH OCTOBER, 1986

(A nominated time event; Most consistent team over all six stages will be the winner).

EVENT INFORMATION

START: Athletics Centre at 9.00 a.m. There will be a staggered start with the slower teams starting first. The maximum predicted time allowed will be 4 hours. Teams with a predicted time with less than 4 hours will start off the official watch at an elapsed time equal to the difference between 4 hours and the team total nominated time.

ENTRIES: Entries will be taken on the day of the event and should be placed at least 1/2 hour before the Team starting time.

ENTRY FEE: \$3.00 per team.

DISTANCE: The total distance is 47.7 km. Each team member completes a total of 15.9 km.

TALAYS BIATHLON SERIES

The second in the series of Talays' Biathlon was held at Cygnet on the 3rd August.

In unfavourable wet and windy conditions, the overall winner was Ray Ward (M46) with a three minute improvement on his performance in the first event on 6th July.

Consistent Sue Baker-Finch (W30) won the female category for the second time and looks odds-on to win her division. Other veterans to perform with credit were Rick Mills, Brian Westwood, Mike Logan, Jim Burr and Bruce Longmore.

The final event in this series will be on 7th September.

3RD OCEANIA VETERANS GAMES

Apia, Western Samoa 5 - 9 September 1986

(Concluded from Page 7)

100 METRE (Women)

30-34			
1. D. Palmer	14:56	AUS	
35-39			
1. B. Barlow	17:11	SAM	
2. E. Beneventi	21:50	SAM	
40-44			
1. T. Annandale	16:10	SAM	
2. M. Leung Wai	16:56	SAM	
45-49			
1. J. Morrey	14:61	AUS	
2. G. Seymon	14:84	AUS	
3. G. Watts	15:46	NZ	
4. C. Ashkettle	17:00	NZ	
50-54			
1. T. Leeb	15:89	AUS	
2. C. Blair	16:94	NZ	
65+			
1. R. Frith	19:20	AUS	

400 METRE (Men)

35-39			
1. A. Su'a	1:02:45	SAM	
40-44			
1. J. Jones	1:02:33	NZ	
2. J. Wasko	1:02:47	SAM	
3. O. Chan Tong	1:04:82	SAM	
4. J. Findley	1:05:51	KIR	
5. A. Toalepaalii	1:05:73	SAM	
6. E. Tuimalo	1:06:04	SAM	
45-49			
1. R. Gopal	1:07:08	FIJ	
2. H. Jessep	1:10:20	SAM	
3. L. Scanlon	1:14:53	SAM	
4. A. Alavise	1:20:89	SAM	
55-59			
1. F. Riceman	1:00:89	NZ	
2. K. Soulsby	1:04:75	AUS	
3. G.F. White	1:05:21	NZ	
60-64			
1. T.R. Hishon	1:01:97	AUS	
65+			
1. J. Brown (75)	1:41:57	AUS	

400 METRE (Women)

40-44			
1. D. Siepman	1:23:69	AUS	
2. M. Leung Wai	1:48:93	SAM	
45-49			
1. J. Morrey	1:10:12	AUS	
2. G. Watts	1:15:57	NZ	
3. J. Chew	1:16:67	AUS	
65+			
1. M. Stevens	2:13:53	AUS	

3000 TRACK WALK (Women)

45-49			
1. P. Hall	16:55	AUS	
50-54			
1. M. Tanielu	23:38	SAM	
2. A. Tomane	25:43	SAM	
55-59			
1. S. Brasher	18:26	AUS	
60-64			
1. M. Colthup	20:05	AUS	
65+			
1. S. Munane	21:23	AUS	
2. A. Nicholls	22:52	AUS	

5000 TRACK WALK (Men)

40-44			
1. P. McWilliams	36:03	AUS	
55-59			
1. C. Hainsworth	29:13	AUS	
2. R. Whitham	30:01	AUS	
60-64			
1. P. Tearle	32:35	NZ	

SHOTPUT (Men)

35-39			
1. A. Mailo	12:99	SAM	
2. J. Wollerman	10:47	SAM	
3. B. Whitecross	9:85	AUS	
4. A. Su'a	9:84	SAM	
5. L. Slade	9:80	SAM	
6. T. Jensen	9:35	SAM	
7. A. Peters	8:20	SAM	
8. R. McDonald	8:00	SAM	
40-44			
1. A. Wulf	10:53	SAM	
2. T. Heem	9:65	SAM	
3. P. McWilliams	8:80	AUS	
4. T. Sailele	7:79	SAM	
45-49			
1. L. Waitawa	10:78	FIJ	
2. T. Sigila	10:42	SAM	
3. M. Multalo	8:20	SAM	
4. R. Gopal	6:28	FIJ	

50-54			
1. P. Frylink	8:25	AUS	
2. A. Siliti	8:22	SAM	
55-59			
1. A.F. Grayburn	11:27	NZ	
2. J.A. Blair	10:02	NZ	
60-64			
1. J. King	10:75	SAM	
2. Mataafa	9:90	SAM	
3. F. Fesua'i	9:85	SAM	
4. Sala	9:05	SAM	
5. S. Key	8:33	SAM	
65+			
1. W. Schaafheusen	10:38	SAM	

LONG JUMP (Men)

35-39			
1. E. Nukutabu	5:96	FIJ	
2. A. Su'a	4:85	SAM	
3. Fagalima	4:80	SAM	
4. L. Slade	4:00	SAM	
40-44			
1. T. Sailele	3:41	SAM	

45-49

1. L. Mitchelson	5:11	AUS
2. L. Waitawa	4:31	FIJ

50-54

1. L. Mano	3:06	SAM
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55-59

1. J. Blair	4:03	NZ
2. A.E. Grayburn	3:31	NZ

60-64

1. J. King	3:73	NZ
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JAVELIN (Men)

35-39			
1. E. Nukutabu	46:83	FIJ	
2. J. Ashcraft	39:10	SAM	
3. L. Slade	36:07	SAM	
4. J. Wollerman	34:98	SAM	
5. T. Jensen	32:98	SAM	
6. A. Peters	31:13	SAM	
40-44			
1. T. Heem	34:26	SAM	
2. T. Sailele	23:52	SAM	
3. A. Wulf	31:85	SAM	
4. P. McWilliams	26:10	AUS	
45-49			
1. L. Mitchelson	48:66	AUS	
2. L. Waitawa	38:30	FIJ	
3. T. Sigila	36:14	SAM	
50-54			
1. A. Siliti	33:42	SAM	
2. P. Chew	27:81	AUS	
55-59			
1. A.E. Grayburn	44:64	NZ	
2. J.A. Blair	29:01	NZ	
60-64			
1. J. King	31:79	NZ	
2. F. Fesua'i	24:39	SAM	
3. Sala	21:72	SAM	
4. Mataafa	19:16	SAM	
5. Luamanuvae	17:63	SAM	
6. S. Key	17:36	SAM	
65+			
1. K.V. Hopkins	31:51	AUS	

PENTATHLON (MEN)

Name	Age	Country	Discus	L. Jump	Javelin	200M	1500M
B. Whitecross	M35	AUS	28:46	4:93	31:90	27:58	5:39:53
(1st - 1941 points)							
P. McWilliams	M40	AUS	27:44	4:19	29:90	30:42	6:30:04
(1st - 1082 points)							
L. Mitchelson	M45	AUS	30:74	5:35	41:40	25:34	4:36:65
(1st - 3333 points)							
J. King	M60	NZ	35:18	4:18	31:80	31:40	—
(1st - 2254 points)							
K. Hopkins	M65	AUS	27:48	4:09	32:30	31:88	6:39:18
(1st - 2929 points)							

PENTATHLON (WOMEN)

Name	Age	Country	Shotput	L. Jump	Javelin	100M	800M
G. Seymour	W45	AUS	7:51	3:76	25:10	15:00	3:59:77
(1st - 2385 points)							
S. Dumble	W45	NZ	6:40	2:85	12:72	18:84	4:13:36
(2nd - 1173 points)							
T. Leeb	W50	AUS	6:10	2:08	12:83	16:85	—
(1st - 1262 points)							
C. Blair	W55	NZ	7:37	3:51	21:24	16:93	4:27:96
(1st - 2390 points)							
S. Dalziel	W65	NZ	6:32	2:68	11:25	32:31	—
(1st - 388 points)							